

Vastu-Architecture in Human Health



Deepak Bakshi
President - VGBS

vastu Green Building Studio

641.469.6307
vastudesignstudio@gmail.com
<http://www.ads-vastu.com/>



Deepak Bakshi
President
Vastu Green Building
Studio

Vastu Design Studio is the result of years of research and the pioneering practice of Sthapatya Ved in architectural design by Deepak Bakshi. As President of the firm, Deepak Bakshi has designed buildings with Sthapatya Ved (Vastu) for almost two decades around the world. In the last decade his focus has been on incorporating non-toxic materials into construction, and renewable energy sources like solar power and wind generator to make the building energy self-sufficient. This initiative has won widespread acclaim. In 1994, his design won state recognition from Iowa Governor Terry Branstad for its energy self-sufficiency. Deepak Bakshi is also a pioneer in being one of the first designers to use earth block, a block made from compressed earth.

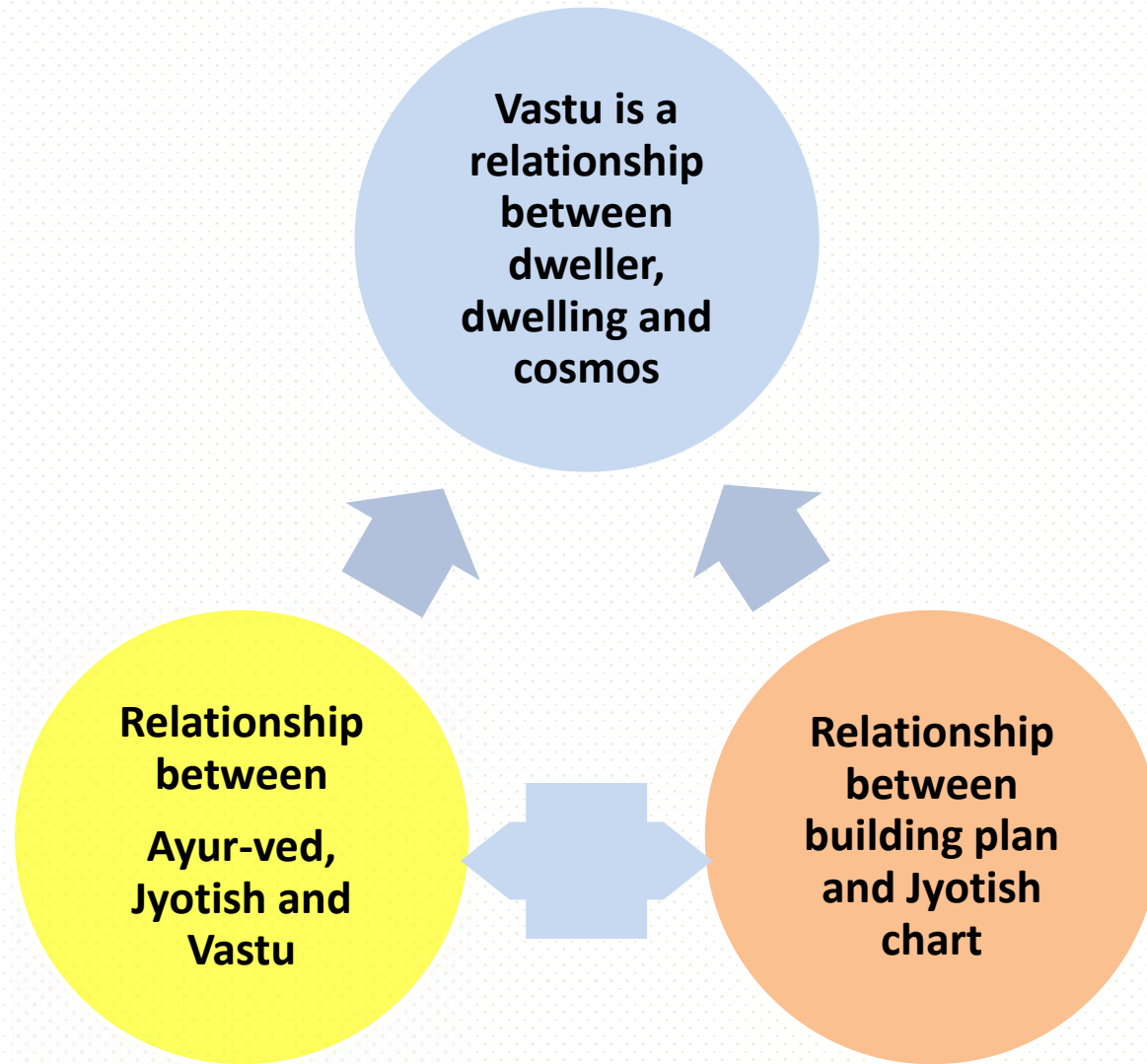
From 1968-1971 Deepak Bakshi studied at the Ahmedabad School of Architecture in India.

From 1975-1980 he completed his bachelors and masters degree in architecture at the Royal Institute of Architects at the University of Westminster in London. During this time, he did a two-year thesis on Sthapatya Ved.

Since 1973, he has worked with Sthapatya Ved principles and designed over two hundred residences, four temples, light commercial buildings and a 70 acre community project.

In 1999, Deepak Bakshi saw the arising interest to learn Sthapatya Ved home design, and published the Sthapatya Ved tutorial. A four part browser-based multimedia tutorial that allows you to design your own custom home with Sthapatya Ved. It was the first time in the history of the world, that you could learn Sthapatya Ved from a CD.

What is Vastu?



In Sanskrit the word for Vastu is Sthapatya-Ved

Sthapatya means 'to establish'

What are we establishing?

We establish a relationship

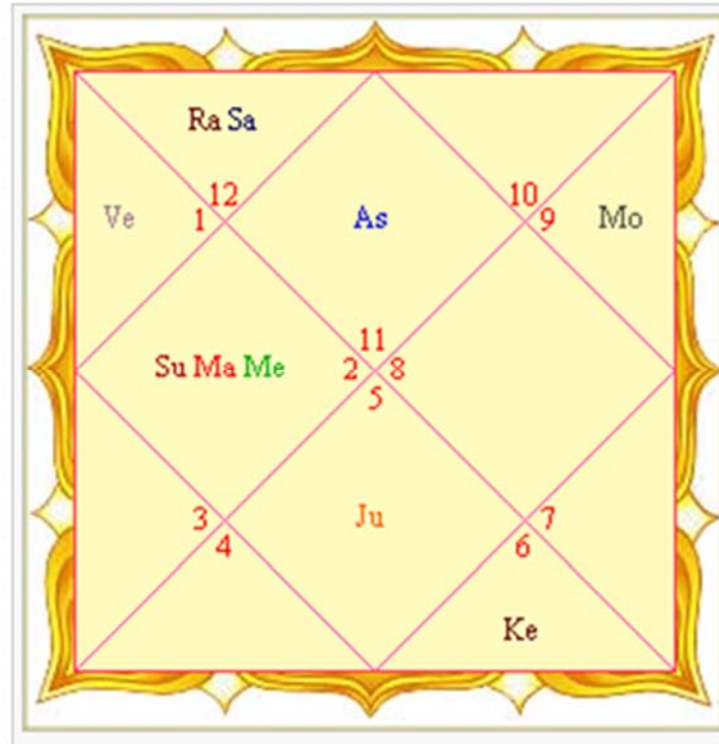
Between:

Dweller, Dwelling and Cosmos

How do we do this?

Establish a relationship between the owner's Jyotish chart, building plan and a foot print of the Cosmos.

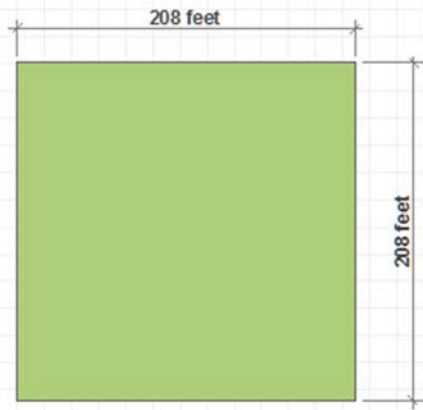
How You Make a Jyotish Chart?



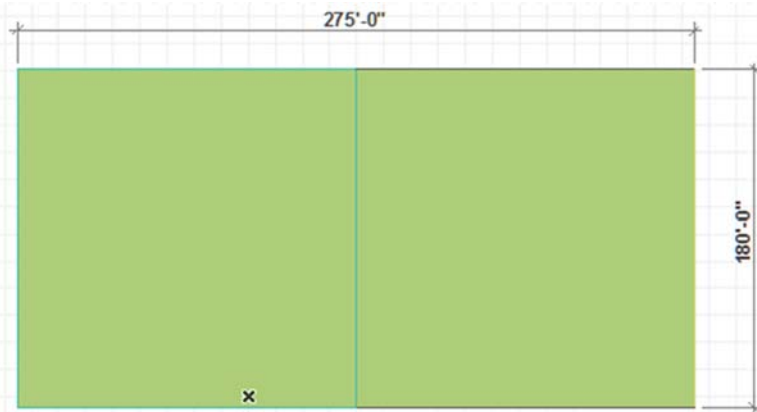
A Jyotish chart is made with information such as birth date, birth place and the birth time of the dweller.

Land selection

1. Shape of the land



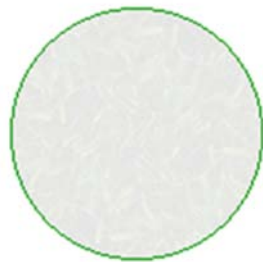
The corners of a square shaped land are 90 degrees, and all sides are equal in length. The square form is considered to be ideal for building a home according to Vastu principles. The square form of land provides spiritual, material and social growth in the life of the owner and his/her family.



The proportion of length and width of rectangular land should be 1:2 meaning that if the width is 1 acre then the length should be two acres or less. This rectangular form also provides the same benefits as square land according to Vastu knowledge. If the proportions of rectangular land are less than 1:1.5, meaning that the width is 1 acre and the length is less than 1.5 acres, the land with this proportion is not auspicious. It provides obstacles in the owner's family and their progress in spiritual, financial and social life.

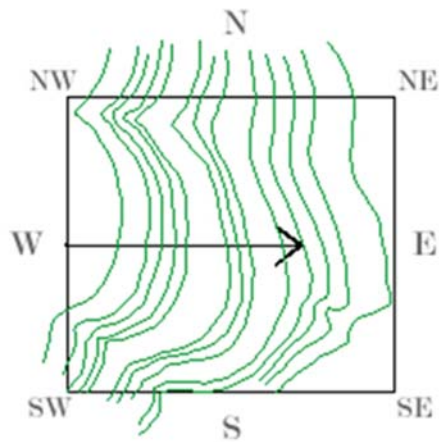


Triangular shaped land is not auspicious. This land will be endangered from fire. The owner's health will be unstable and members of the owner's family will not have harmony in their relationships with each other.



Circular shaped land is not considered to be auspicious according to Vastu knowledge. Building a home and Living on this land will increase the owner's worries and wealth will be supported less to the family. In severe cases, even marriage can suffer.

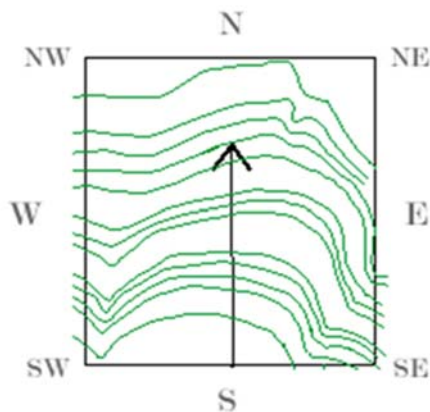
2: Slope of the land



East slope

The slope is going down towards the east where higher elevation of the ground will be at the west boundary and lower elevation of the ground will be at the east boundary of the land.

This slope supports creativity and intelligence for members of the family. It also supports financial gain for the dweller of the land.

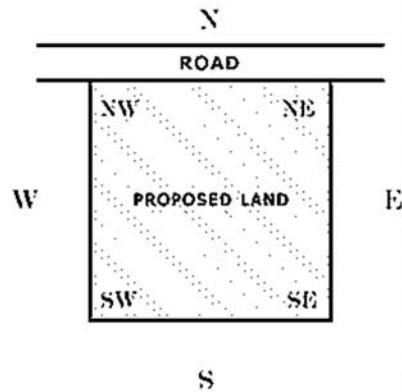


North Slope

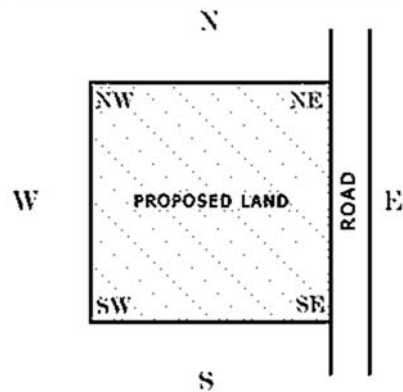
The slope is going down towards the north. The higher elevation of the ground will be at the south boundary and the lower elevation of the ground will be at the north boundary of the land.

This slope supports financial gain and knowledge. It also supports health for the dweller of the land and his family.

3. Orientation of roads

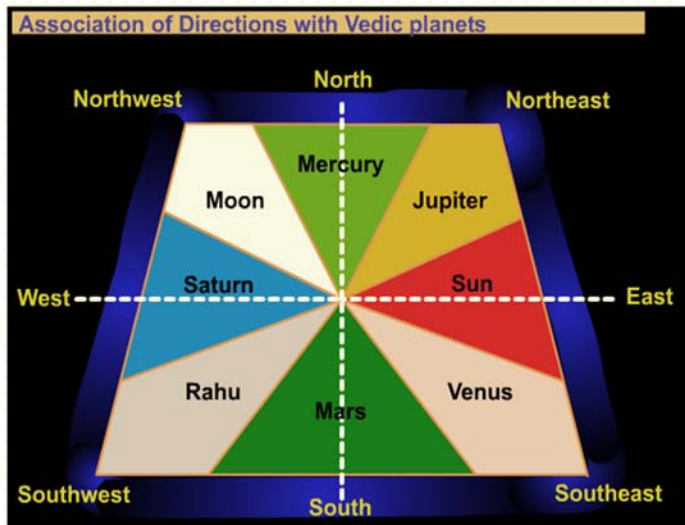


The land is oriented to the north. It has a road on the north side. It is auspicious to have a road on the north. Nature will support the family of the house in all aspects of the life . The spiritual growth of the owner and family members will increase, there will be an increase in financial growth, the relationship between family members will improve and good health will be supported by building a house on this land.



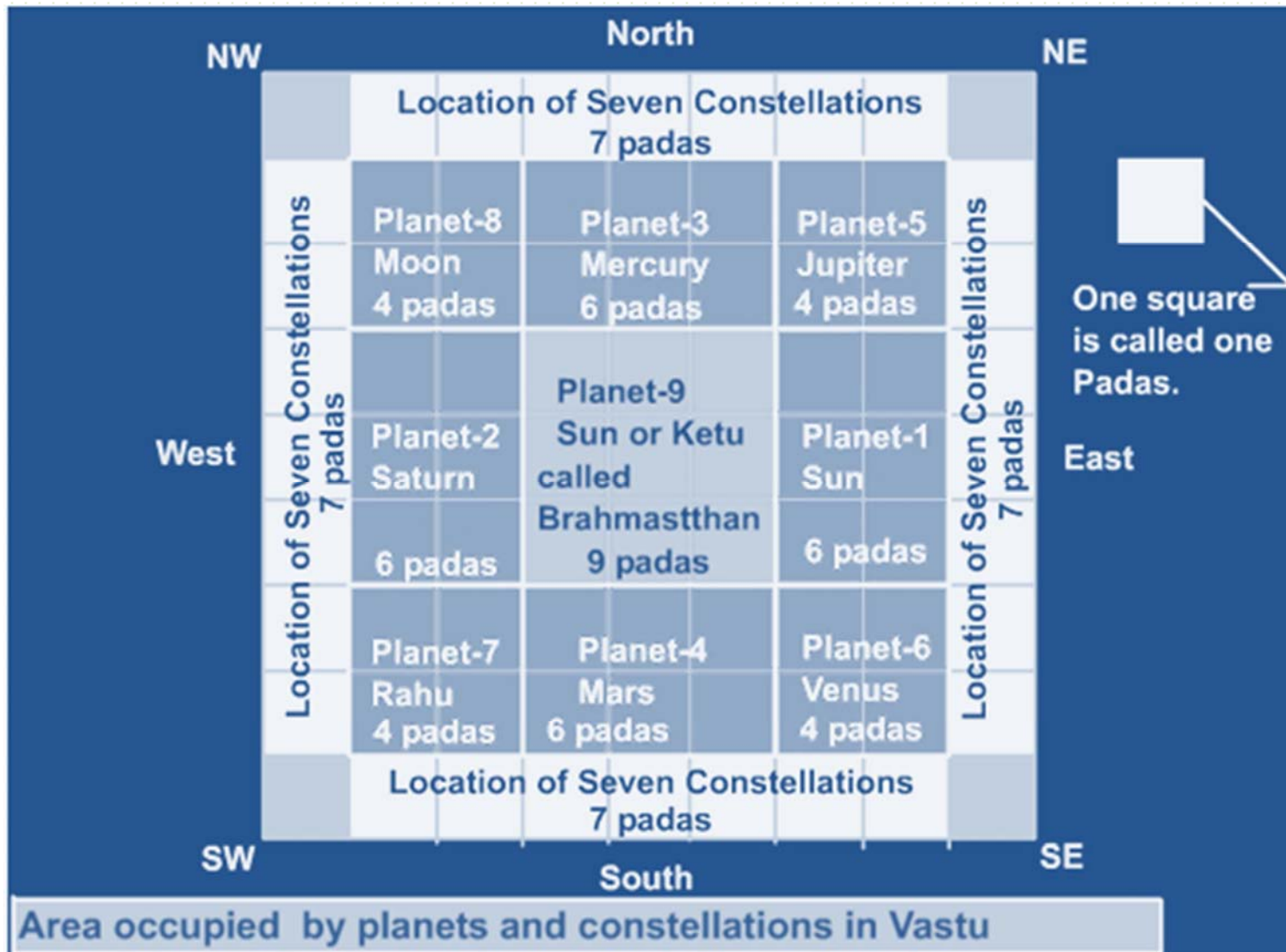
As shown in sketch-11 the land is oriented to true north. It has access from east direction only. Orientation of road to the land from east is very auspicious. Nature will support house to this layout fully. The spiritual growth of the owner and family members will increase, there will be improved financial growth, the relationship between family members will improve and there will be good health by building a house on this land. Creativity and intelligence within the family members will increase.

Building directions and it's relationship with cosmos

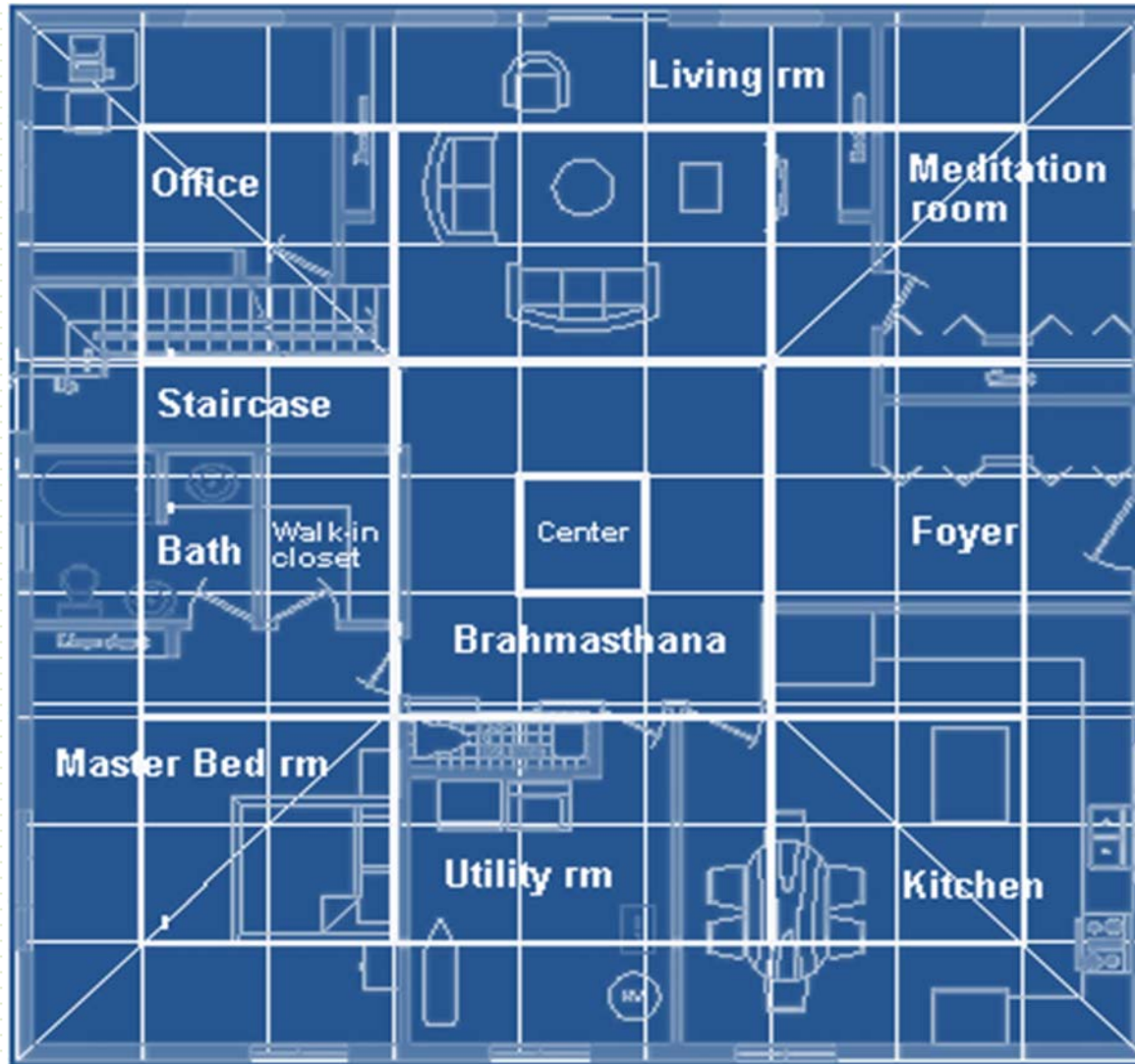


Sanskrit name	English name
Purva	East
Paschim	West
Uttar	North
Dakshin	South
Eshan	Northeast
Agni	Southeast
Nerutya	Southwest
Vayavya	Northwest

Vastu Purusa Mandala – Cosmic diagram

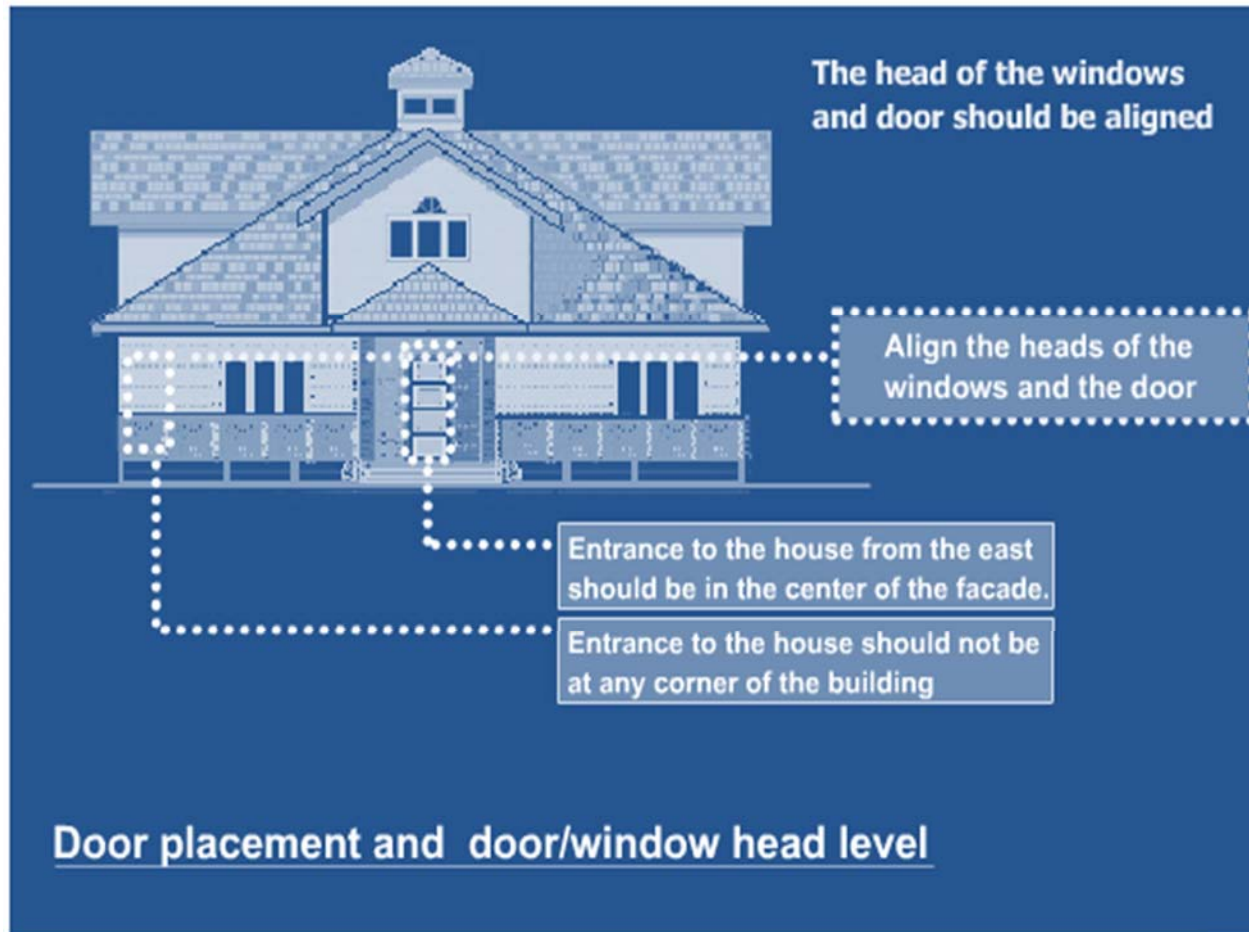


Building floor plan and orientation of functions according to Vastu knowledge

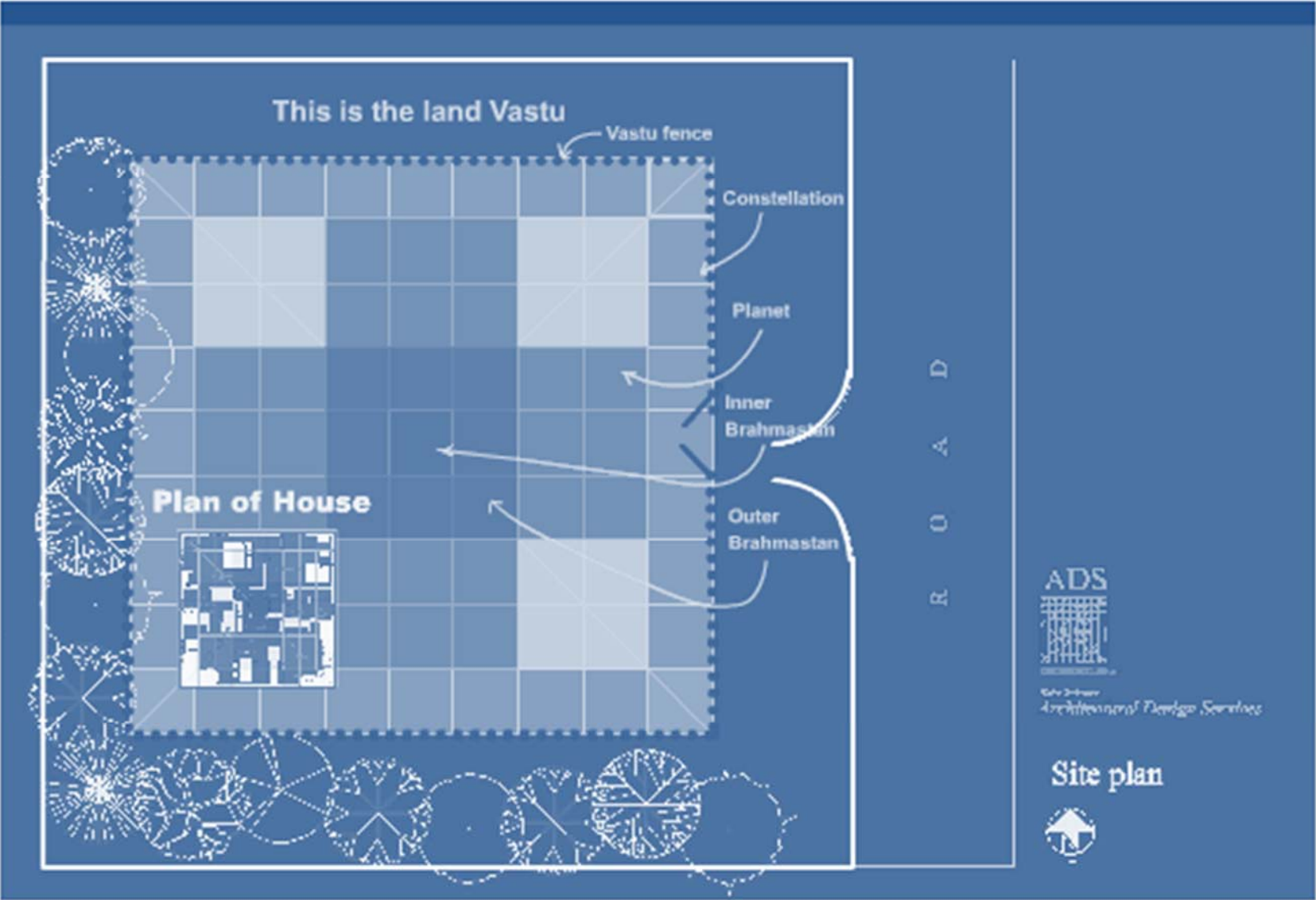


Building elevation

Location of windows and doors according to Vastu knowledge



Vastu Fence within site boundaries



Kalash design



Kalash

The Kalash is symbolic of the connection between the cosmos and the Brahmasthan. In a perspective of science, we can say that the Kalash acts like a spiritual 'antenna.' The Kalash can be made of copper, brass, gold or silver. This container should be filled with Ganga water with Vedic puja performed by vedic Pandit. The Kalash can be ordered from our office (please call us at 1-641-469-6307).

You can obtain the Vastu Tutorial CD from www.ads-vastu.com

