

CURRICULUM VITAE

ANUPAMA KIZHAKKEVEETIL, BAMS, YTTC, MAOM,

PERSONAL DATA

Anupama KizhakkeVeettil
E-mail: anupama.jayagopal@gmail.com

CURRENT EMPLOYMENT

Assistant Professor, Research, Office of Supported and Institutional Research (OSIR)
Southern California University of Health Sciences (08/09-Present)

Teaching:

Research Methodology, Western Nutrition, Ayurvedic Medicine to Acupuncture, Chiropractic and Ayurvedic students.

Lead Faculty for the Department of Ayurveda.

Clinical:

Provide Ayurvedic services to the University clinic patients.

Research coordinator

Co ordinate the research activities at SCU. Analyze quantitative and qualitative data related to Institutional research. Design questionnaires and other methods to collect quantitative data. Prepare clearly written research reports. Create and deliver professional presentation on alternative medicine research and evaluation results.

Work History

- Assistant Professor, 2009 - present
- Instructor, Southern California University of Health Science 2007 - 2009
- Research coordinator, Southern California University of health Science, 2006-Present
- Research Assistant, Research Division ,Southern California University of Health Science, 2004 –2006

- Chief Physician, Athreya Ayurvedic Care, Bangalore, INDIA, 2001-2004
- Faculty, Ramakrishna Ayurvedic Medical College, Bangalore, INDIA, 2001-2003
- Resident Physician, Indus Valley Ayurvedic Center, Mysore, INDIA, 1999-2000

Education

- PhD- PhD in Public Health
 Currently pursuing
 Walden University
- MAOM – Masters in Acupuncture and Oriental Medicine
 Duration: 3 years
 Graduation: 2006
 University: Southern California University Of Health Sciences, CA, USA.
- BAMS - Bachelors Degree in Ayurvedic Medicine and Surgery
 Duration: Five and half years
 Graduation: 1999
 University: Mangalore, India
- YTTC - Teachers Training Course in Yoga
 Institute: Atma Darshan, Bihar School of Yoga, Bangalore, India.

Board/Specialty Status

California Acupuncture Board certified Acupuncturist.
 Board Certified in India to practice Ayurvedic medicine

Professional Licenses

California Acupuncture Board License.

Honors/Awards

- Cum Laude – MAOM program 2006
- Huao Tao Award- MAOM 2006
- Outstanding Research Award -2009

Professional Publication

Khorsan R, Hawk C, Lisi A.J, **KizhakkeVeettil A**, Spinal Manipulative Therapy for Pregnancy and Related Conditions: A Systematic Review. Obstetrical & Gynecological Survey 2009-Jun; vol 64 (issue 6): pp 416-27

KizhakkeVeettil A, Eric H; Acupuncture to improve QOL in Melanoma -A case study, American Acupuncturist Vol 47, p28-31, 2009.

Kizhakkeveettil A, Lin MF – “Acupuncture for allergic rhinitis: A scientific Review”. American Acupuncturist Fall 2008 Vol 45.p 24-27.

San H, **KizhakkeVeettil A**, Therapeutic effectiveness of Acupuncture for pain relief in Trochleitis -A case study- World Journal of Acupuncture and Moxibustion March 2008. Vol. 18, No.1. P 57-60.

San H, Chilling C, **KizhakkeVeettil A**. 'Acupuncture treatment for gastro paresis-A case report". Medical Acupuncture Vol.20, No.2 2008

Singh BB, Khorsan R, Vinjamury SP, **KizhakkeVeettil A**, Anderson T. “Herbal Treatments for Asthma: A Systematic Review”. The Journal of Asthma. J Asthma. 2007 Nov; 44(9):685-98

Singh BB, Mishra LC, Vinjamury SP, Khorsan R, Der-Martirosian C, **KizhakkeVeettil A**, Ayurvedic Herbal Treatments of Liver Disorders: A Systematic Review (Progress)

Singh BB, Erica Cubik, Khorsan R, Vinjamury SP **KizhakkeVeettil A**, Meier M Ayurvedic Herbal Treatments of Arthritis : A Systematic Review. (Progress)

Patricia R, Carlos J, Ayad S, **KizhakkeVeettil A**, Factors Affecting Students' Perceptions and Opinions Regarding Human Anatomical Dissection- (Progress)

Gene T, David S, **KizhakkeVeettil A**, 'Merik Technique myth or mechanism (Progress)

Platform Presentations/Poster Presentations (2004-Current)

David S, **KizhakkeVeettil A**, Gene T, The Influence of Students' Participation in Curricular and Extracurricular Learning Activities on Their Choice of Chiropractic Technique, ACC RAC, Las Vegas, NV March 12-14, 2010

Gene T, **KizhakkeVeettil A**, David S, Students' attitudes toward health care professions derived from Eastern and Western medical traditions, ACC RAC, Las Vegas, NV March 12-14, 2010

KizhakkeVeettil A, Parla SJ, Herb-drug interactions and food incompatibilities - A Review of literature- American Public Health Association (APHA) 137th APHA Annual meeting November 7-11 2009.

KizhakkeVeettil A, Parla SJ, Kathryn P. White, Hypercholesterolemia and Ayurvedic management. American Public Health Association (APHA) 135th Annual Meeting and Exposition, Session 2008, PA, 137th APHA Annual meeting November 7-11 2009.

KizhakkeVeettil A, Gene T, David S. "Students attitudes towards geriatric wellness care. American Public Health Association (APHA) American Public Health Association (APHA) 137th APHA Annual meeting November 7-11 2009.

Gene T, **KizhakkeVeettil A**, David S, "Development of Students' Scholarship Skills", ACC RAC, Las Vegas, NV March 12-14, 2009

KizhakkeVeettil A, Parla SJ, Suzanne G." Ayurvedic management of Uterine Polyp: A case study". American Public Health Association (APHA) 135th Annual Meeting and Exposition, Session 2008, San Diego, CA.

KizhakkeVeettil A, Parla SJ. "Ayurvedic therapy for Osteo arthritis of the knee". American Public Health Association (APHA) 135th Annual Meeting and Exposition, Session 2008, San Diego, CA.

Gene T, **KizhakkeVeettil A**, David S. "Students attitudes towards health care professions derived from eastern and western medical traditions. American Public Health Association (APHA) 135th Annual Meeting and Exposition, Session 2008, San Diego, CA.

Yu J, **KizhakkeVeettil A**. *Acupuncture for the Management of Pediatric Atopic Dermatitis: Case Reports*, presented at SCUHS annual Extravaganza in Whittier California, June 26-28, 2009.

Tobias, GS, **KizhakkeVeettil, A**, Sikorski, DM. *Students' attitudes toward health care professions derived from Eastern and Western medical traditions*. Presented at SCUHS annual Extravaganza in Whittier California, June 26-28, 2009.

Jenny Y, **KizhakkeVeettil A**. "Acupuncture treatment for Rheumatoid Arthritis: A case study". Southern California University Of Health Sciences, Extravaganza 2008, August 15-17th, The Coast Hotel, Long Beach

KizhakkeVeettil A, Li MF, Leigh C. "Acupuncture for Allergic Rhinitis; A scientific review". (20th Annual AAMA Symposium Washington DC April 10-13, 2008.)

Jenny Y, **KizhakkeVeettil A**, Leigh C. "Chinese herbs for management of Atopic dermatitis: A case study". (20th Annual AAMA Symposium Washington DC April 10-13, 2008.)

Shari W, **KizhakkeVeettil A**, John Scaringe, Gene Tobias, Sivarama Vinjamury. "Faculty Needs Analysis Assessment: Determining the knowledge base of LACC and CAOM faculty". (ACC RAC Washington, DC - March 14 - 15, 2008)

Patricia R, Carlos J, Ayad S, **KizhakkeVeettil A**, "Factors Affecting Students' Perceptions and Opinions Regarding Human Anatomical Dissection- Survey" (ACC RAC Washington, DC - March 14 - 15, 2008)

KizhakkeVeettil A, Parla SJ, Potential Ayurvedic Supplements for Alzheimer's Diseases, 5th Annual Conference on Natural Supplements: An Evidence-Based Update, Scripps Center for Integrative Medicine, San Diego, January 17-20, 2008. Presenter: Anupama KizhakkeVeettil

KizhakkeVeettil A, Parla SJ, Preventative Aspect Of Spices and Herbs Used As Supplements in Indian Vegetarian Diet, 5th International Congress on Vegetarian Nutrition, Loma Linda, March 4-6, 2008.

Gene T, **KizhakkeVeettil A**, David S. "Required clinical competencies: Wellness". American Public Health Association (APHA) 134th Annual Meeting and Exposition, Session 2007

KizhakkeVeettil A, Parla SJ. "Obesity and its prevention – an Ayurvedic module". American Public Health Association (APHA) 134th Annual Meeting and Exposition, Session 2007

KizhakkeVeettil A, Parla SJ. "Common diseases and their simple remedies through Ayurveda", Poster, NAMA Albuquerque, New Mexico, October 18 - 21, 2007.

San H, Chilling C, **KizhakkeVeettil A**, 'Acupuncture treatment for gastro paresis- AAMA 19th Annual Symposium April 26-29, **2007** - Baltimore, MD

Vinjamury SP, Hawk C, Resnick D, Li JT, Khorsan R, **KizhakkeVeettil A**, "Development of a Practice Based Research Program at a University Health Center: A Pilot Study" ACC/RAC Conference at Phoenix, AZ, March 2007.

Gene T, **KizhakkeVeettil A**, David S, 'Meric Technique myth or mechanism '. ACC/RAC Conference at Phoenix, AZ, March 2007.

Samir A, Kevin R, **KizhakkeVeettil A**, Factors Affecting Chiropractic Students' Awareness and Opinions Regarding Public Health Concept. American Public Health Association (APHA) 134th Annual Meeting and Exposition, Session: Herbal and Dietary Health Practices. Monday, November 6, 2006

Singh BB, Khorsan R, Vinjamury SP, Der-Martirosian C, **KizhakkeVeettil A**, Anderson T., "Herbal Treatments for Asthma: A Systematic Review. American Public Health Association (APHA) 134th Annual Meeting and Exposition, Session: Herbal and Dietary Health Practices". Monday, November 6, 2006 - 2:30 PM (Abstract #125062): Boston, MA.

Vinjamury SP, Schultz G, Khorsan R, **KizhakkeVeettil A**. "Improving the scholarship of research in chiropractic faculty. American Public Health Association (APHA) 134th Annual Meeting and Exposition. Session: Statues of Chiropractic Research". Monday, November 6, 2006 - 1:15 PM (Abstract#131575): Boston, MA.

Singh BB, Mishra LC, Gandhi S, Khorsan R, Singh VJ, Vinjamury SP, **KizhakkeVeettil A**. "Ayurvedic and Collateral Herbal Treatments of Liver Diseases: A Systematic Review of Randomized Control Trials (RCTs) and Quasi-Experimental Designs (QEDs)". National Ayurvedic Conference organized by NAMA. Long Beach, CA. Oct 22, 2004.

Seminars & Workshops Conducted (2001-2004):

- Preventive care through Ayurveda, CA, USA -2004
- Ayurvedic Mother and Child Healthcare, Tokyo, Japan - 2003
- Preventive Care through Ayurveda, Germany - 2003
- Ayurvedic Therapy Workshop, France – 2003
- Ayurveda for women Health, Switzerland -2003
- Six tastes unique nutritional concept of Ayurveda, Switzerland- 2003
- Ayurvedic nutrition, Canada- 2003
- Ayurveda and Child care, New York-2003
- Preventive care through Ayurveda, Germany- 2002
- “Know yourself” an Introduction to Ayurveda, NY- 2002
- “Daily routine in Ayurveda” a hands on workshop, CA, USA - 2002
- Healthy life through Science of Ayurveda, Switzerland- 2002
- Ayurveda for health and wellness, NY,USA- 2002
- Ayurvedic Nutrition- Denver, USA-2002
- Women health and wellbeing – Ayurvedic prospective ,NY, USA- 2002
- Introduction to Ayurveda, NY, CA- 2001
- Ayurveda for Women Health, NY- 2001
- Ayurvedic nutrition for prevention of disease, CA- 2001
- Ayurveda the Science of medicine, Jackson, USA- 2001

Research Experience

Current Projects

“Scope of Chiropractic medicine in underserved community”
Role: Co- Investigator.

Completed Research projects

1. SCUHS- RD
"Students attitudes towards geriatric wellness care"- Survey
Role: Principal Investigator
2. SCUHS- RD
"Student's attitudes towards health care professions derived from eastern and western medical traditions"- Survey
Role: Principal Investigator
3. SCUHS- RD
""Development of Students' Scholarship Skills"
Role: Co investigator
4. SCUHS- RD
"Faculty Needs Analysis Assesment: Determining the knowledge base of LACC and CAOM faculty"
Role: Co investigator
5. SCUHS- RD
."Improving the scholarship of research in chiropractic faculty"
Role: Co Investigator
6. elopment of practice based research program"
Role: Research Assistant
7. SCUHS- RD
"Chiropractic therapy Integrated with Ayurevdic herbal Support for TMJ Disorders- A randomized Controlled trials.
Role: Research Assistant
8. SCUHS- RD
"Safety and effectiveness of a commercial Product- CS-1 on the treatment of facial and Circumoral herpes"
Role: Research Assistant

Professional Activities

- Peer reviewer for the following Conference
- Association for Chiropractic Colleges Research Agenda Conference (ACC RAC)- 2007-Present)
 - Extravaganza, Southern California University Of Health Sciences- 2008-Present

Professional Affiliations/Appointments

- Member, American Public Health Association
- Member of National Ayurvedic Medical Association
- Member of AAPNA
- Member of AARP.

Service Activities

- LRC committee
- Mentor Committee
- AOM Research committee
- Research Review Committee
- Educational Outcome Assessment committee
- Faculty developments need Analysis Committee
- Associate student Body Committee (2004-2006)
- Educational Advancement committee (2004-2006)

Other Skills:

Windows 2000/XP, MS Word, MS Excel, MS Power Point, SPSS, CARS
Bilingual, English and three Indian dialects

References Available Upon Request